

APPLICABLE TO 3rd KUP STUDENTS

TOI-GYE (37 movements) Is the *penname* of the *noted scholar Yi Hwang (16th A.D.) an authority on neo-confucianism.*

The *37 movements* of the pattern *refer* to his *birthplace on 37° latitude* the *diagram (±) represents "scholar"*

TYPES OF APPLICATION:

Stamping Motion -

BODY PARTS:

Knee - **MOORUP**

DEFENSIVE TECHNIQUES:

'X' Fist Pressing Block - **KYOCHA JOOMUK NOOLLO MAKGI**

'W' Shape Block - **SAN MAKGI (Look directly in front)**

Knifehand Low Block - **SONKAL NAJUNDE DAEBI MAKGI**

Double Forearm Block - **DOO PALMOK MAKGI**

ATTACKING TECHNIQUES:

Upset Fingertip Thrust - **DWIJIBUN SONKUT TULGI**

Twin Side Elbow Strike - **SANG YOP PALKUP TAERIGI**

Upward Kick (using the Knee) - **OLLYO CHAGI**

Side-Front Kick - **YOP-AP CHA BUSIGI**

Flat Fingertip Thrust - **OPUN SONKUT TULGI**

Backfist Side Back Strike - **DUNG JOOMUK YOPDWI TAERIGI**

Knifehand Low Block - **SONKAL NAJUNDE DAEBI MAKGI**

NOTES:

1. Where applicable, the actual tool used is in brackets.
2. The word "Sogi" is used in the grammatically correct and shortened form "So".

WALKING STANCE Upset (Fingertip) Thrust
GUNNUN SO Dwijibun (Sonkut) Tulgi

WALKING STANCE 'X' Fist Pressing Block
GUNNUN SO Kyocha joomuk Noollo Makgi

CLOSE STANCE Twin Side (Elbow) Strike
MOA SO Sang Yop (Palkup) Taerigi

SITTING STANCE 'W' Shape Block
ANNUN SO San Makgi

L STANCE Low Double Forearm Block
NIUNJA SO Najunde Doo Palmok Makgi

Knee Upward Kick
Moorup Ollyo Chagi

WALKING STANCE Flat Fingertip Thrust
GUNNUN SO Opun Sonkut Tulgi

'X' STANCE 'X' Fist Pressing Block
KYOCHA SO Kyocha Joomuk Noollo Makgi

'L' STANCE (Knifehand) Low Guaring Block
NIUNJA SO (Sonkal) Najunde Daebi Makgi

NOTES:

Downward Kick - *NAERYO CHAGI*

1 Step Sparring - *ILBO MATSOGI*

Two Versus One Sparring - *IDIL MATSOGI*

RED Signifies *danger, cautioning the student to exercise control and warning the opponent to stay away.*

Red was one of the colours denoting a level of hierarchy during the Koguryo and Silla Dynasties.